

Infection Prevention Basics

How high-touch cleaning, products and schedules support healthier workplaces.

Cleaning as part of infection prevention

Cleaning alone won't eliminate illness in a workplace, but a well-designed program meaningfully reduces the spread of common infections. This guide covers the basics that apply to most commercial and public-facing sites.

Key Considerations

01

High-Touch Surfaces

Germs spread fastest through surfaces many people touch throughout the day.

- Door handles, light switches and lift buttons
- Shared equipment — printers, phones, kettles
- Reception counters and sign-in devices

02

Cleaning vs Disinfecting

Cleaning removes dirt and germs; disinfecting kills germs on a surface. Both have a role.

- Clean visibly soiled surfaces before disinfecting
- Use disinfectant products for the correct contact time
- Match product choice to the surface and the risk level

03

Cleaning Frequency

Higher-traffic and shared spaces need more frequent attention than low-traffic areas.

- Increase high-touch cleaning during illness season or outbreaks
- Prioritise shared amenities, kitchens and meeting rooms
- Adjust frequency around visitor numbers and events

04

Hand Hygiene Support

Cleaning programs work best alongside good hand hygiene infrastructure.

- Hand sanitiser stations at entries and high-traffic points

- Well-stocked soap and paper towel in amenities
- Clear signage supporting good hand hygiene habits

05

Staff Training

Cleaning staff need to understand why the process matters, not just the steps.

- Correct product dilution and contact time
- Colour-coded equipment to avoid cross-contamination
- Awareness of higher-risk zones and tasks

Not sure where to start?

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Master Clean provides high-touch surface cleaning, sanitisation and targeted disinfection programs suitable for workplaces, medical, education and public spaces.

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